



2022 Mountain South Championship

BEST LIFTER RESULTS

10/30/2022



Rank Athlete State Age WC BW Total Sinclair Rank Athlete State Age WC BW Total Sinclair

BEST LIFTER - OVERALL

OPEN WOMEN

1	Angela Gallegos	AZ	27	55	54.70	169	242.958
2	Yulianna Lopez	AZ	22	64	63.60	177	230.652
3	Brena Andrews	AZ	25	64	63.40	171	223.256

OPEN MEN

1	Bryan Cuellar	UT	29	89	85.07	310	367.914
2	Nathan Cerwinske	AZ	22	89	85.20	310	367.694
3	Eloi Ishya	AZ	26	96	96.00	305	343.500

BEST LIFTER - AGE GROUP

YOUTH WOMEN U11

1	Lilly Mullenau	AZ	11	30	29.40	52	129.332
2	Juliette Phillips	AZ	10	30	28.50	42	110.338
3	Kaiya Blackhurst	AZ	11	36	34.60	43	91.606

YOUTH MEN U11

1	Jordan Hernandez	NV	11	36	35.90	62	141.113
2	Matthew Parento	NV	9	44	41.40	50	98.824
3	Dean Alvarado	NM	10	36	35.94	43	97.756

YOUTH WOMEN U13

1	Mahealan Mason	AZ	13	49	47.80	100	159.035
2	Amelia Phillips	AZ	13	45	43.70	88	150.699
3	McKenzie Sheldon	AZ	13	64+	77.60	104	121.898

YOUTH MEN U13

1	Caleb Hanchett	AZ	13	55	54.40	86	134.611
2	Maui Mason	AZ	12	32	30.90	48	128.564
3	Carson Pace	UT	13	67	67.00	80	108.296

YOUTH WOMEN 14-15

1	Paige Hanchett	AZ	15	59	55.30	114	162.643
2	Brylee Colwell	AZ	14	55	54.20	100	144.697
3	Adriana Kist	NM	15	64	61.20	105	140.094

YOUTH MEN 14-15

1	Johnny Barrios	AZ	15	89+	117.40	235	247.741
2	Timothy Terrones	AZ	15	81	78.80	200	246.589
3	William Drake	NM	14	55	51.71	137	223.110

YOUTH WOMEN 16-17

1	Kaylee Landa	AZ	17	81	79.80	189	218.725
2	Jordan Nantz	AZ	16	55	53.70	145	211.200
3	Zavia Burton	NM	16	71	67.80	150	188.368

YOUTH MEN 16-17

1	DeMarcus Sanchez	AZ	16	73	68.40	177	236.542
2	Nathan Culler	AZ	16	67	67.00	156	211.177
3	Brode Colwell	AZ	16	55	52.10	76	123.031

JUNIOR WOMEN 18-20

1	Grace Le	UT	19	59	59.00	160	218.529
2	Addie Anderson	UT	19	71	69.60	174	215.393
3	Celina Ortega	AZ	20	76	75.45	177	210.246

JUNIOR MEN 18-20

1	Calvin Barcena	AZ	20	81	80.50	255	310.957
2	Spencer Dent	UT	18	96	95.37	260	293.584
3	James Wollum	AZ	19	89	86.00	245	289.290

SENIOR WOMEN 21-34

1	Angela Gallegos	AZ	27	55	54.70	169	242.958
2	Yulianna Lopez	AZ	22	64	63.60	177	230.652
3	Brena Andrews	AZ	25	64	63.40	171	223.256

SENIOR MEN 21-34

1	Bryan Cuellar	UT	29	89	85.07	310	367.914
2	Nathan Cerwinske	AZ	22	89	85.20	310	367.694
3	Eloi Ishya	AZ	26	96	96.00	305	343.500

MASTERS WOMEN 35+

SHMF							
1	Jenny Clouse	AZ	47	64	62.65	150	249.530
2	Jessica Walters	AZ	43	71	70.20	161	235.484
3	Deanna McGillivray	NM	36	87	86.91	191	231.232

MASTERS MEN 35+

SMF							
1	Thomas Morga	AZ	41	81	80.90	272	380.151
2	Matthew Sheldon	AZ	43	109	109.00	294	372.335
3	Shawn Hanrahan	AZ	49	109+	117.25	275	366.280