



2023 Mountain South Championship

WOMENS TEAM RESULTS

10/29/2023



WOMENS CLUB CHAMPIONSHIP

- RULES:**
1. Top 10 Athlete Placement by Club from Open Division
 2. No More than 2 Athletes per Weight Category
 3. IWF Scoring Table applies

PLACE	POINTS	TEAM
1	228	Power & Grace Performance
2	200	Strength Academy
3	159	Performance One Weightlifting
4	127	Miller Weightlifting
5	104	Enchanted Strength Weightlifting
6	98	Sanctuary Barbell
7	73	High Desert Athletic Club
8	65	Valkyrie Barbell Club
9	61	Fifty-One Fifty Weightlifting Club
10	55	Las Cruces Weightlifting

Power & Grace Performance

#	Cat	Athlete	State	Age	Club	Total	Place	Points
1	45	Tierany Lally	AZ	15	Power & Grace Performance	63	2	25
2	49	Amelia Phillips	AZ	14	Power & Grace Performance	116	2	25
3	49	Maya Litt	AZ	14	Power & Grace Performance	95	5	21
4	55	Luna Gilmore	AZ	12	Power & Grace Performance	88	2	25
5	55	Charlize Jolly	AZ	16	Power & Grace Performance	77	5	21
6	59	Jordan Nantz	AZ	17	Power & Grace Performance	153	1	28
7	59	Paige Hanchett	AZ	16	Power & Grace Performance	125	5	21
8	64	Brynli McBride	AZ	16	Power & Grace Performance	120	8	18
9	76	Kodi McBride	AZ	13	Power & Grace Performance	127	4	22
10	87	Emma Trampp	AZ	15	Power & Grace Performance	125	4	22
TOTAL								228

Strength Academy

#	Cat	Athlete	State	Age	Club	Total	Place	Points
1	49	Angelica Romero	NM	36	Strength Academy Weightlifting	100	4	22
2	55	Stephanie Malek	NM	32	Strength Academy Weightlifting	84	3	23
3	59	Arryanna Gardea	NM	22	Strength Academy Weightlifting	84	9	17
4	64	Charelle Brown	NM	27	Strength Academy Weightlifting	128	6	20
5	71	Sydnee Percival	NM	32	Strength Academy Weightlifting	158	1	28
6	71	Megan Romero	NM	36	Strength Academy Weightlifting	111	5	21
7	76	Yadira Ramirez	NM	32	Strength Academy Weightlifting	146	3	23
8	76	Taneya Garcia	NM	23	Strength Academy Weightlifting	107	8	18
9	76	Katie Otsuka	NM	33	Strength Academy Weightlifting	-	-	
10	87+	Consuelo Rios	NM	31	Strength Academy Weightlifting	190	1	28
TOTAL								200



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Performance One Weightlifting

#	Cat	Athlete	State	Age	Club	Total	Place	Points	
1	45	Gabriella Pfund	AZ	17	Performance One Weightlifting	98	1	28	
2	55	Beth DiFelice	AZ	57	Performance One Weightlifting	82	4	22	
3	59	Mairead Sheerin	AZ	27	Performance One Weightlifting	87	8	18	
4	64	Morgan Huppenthal	AZ	30	Performance One Weightlifting	176	2	25	
5	64	Jenny Clouse	AZ	48	Performance One Weightlifting	165	4	22	
6	71	Kylee McCullough	AZ	16	Performance One Weightlifting	94	7	19	
7	87+	Nicole Sohn	AZ	27	Performance One Weightlifting	135	2	25	
8									
9									
10									
TOTAL							159		

Miller Weightlifting

#	Cat	Athlete	State	Age	Club	Total	Place	Points	
1	49	Alexandra Ivanova	NM	25	Miller Weightlifting	88	6	20	
2	55	Requa Greer	NM	71	Miller Weightlifting	33	7	19	
3	64	Sina Sontowski	NM	25	Miller Weightlifting	114	11	15	
4	64	Jenna DeCastro	NM	32	Miller Weightlifting	110	12	14	
5	64	Ana Malagon	NM	35	Miller Weightlifting	65	16	-	
6	71	Zavia Burton	NM	17	Miller Weightlifting	156	2	25	
7	71	Andrea Sayer	NM	41	Miller Weightlifting	93	8	18	
8	71	Grace Nadell	NM	61	Miller Weightlifting	74	9	-	
9	76	Deidra Coriz	NM	31	Miller Weightlifting	93	10	16	
10									
TOTAL							127		

Enchanted Strength Weightlifting

#	Cat	Athlete	State	Age	Club	Total	Place	Points	
1	55	Jessica Gianardi		20	Enchanted Strength Weightlifting	148	1	28	
2	71	Joanna Wolfe		25	Enchanted Strength Weightlifting	141	3	23	
3	76	Jordyn Miller		33	Enchanted Strength Weightlifting	156	2	25	
4	87	Deanna McGillivray		37	Enchanted Strength Weightlifting	183	1	28	
5									
6									
7									
8									
9									
10									
TOTAL							104		



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WOMENS CLUB CHAMPIONSHIP

Sanctuary Barbell

#	Cat	Athlete	State	Age	Club	Total	Place	Points
1	59	Patricia Bennett		37	Sanctuary Barbell	153	2	25
2	64	Samantha Ellison		31	Sanctuary Barbell	177	1	28
3	81	Lenore Grijalva		63	Sanctuary Barbell	91	3	23
4	87+	Freda Locklear		55	Sanctuary Barbell	77	4	22
5								
6								
7								
8								
9								
10								
TOTAL							98	

High Desert Athletic Club

#	Cat	Athlete	State	Age	Club	Total	Place	Points
1	55	Lucy Worthen		12	High Desert Athletic Club	41	6	20
2	64	Kathy Nunez		29	High Desert Athletic Club	126	7	19
3	64	Carly Worthen		15	High Desert Athletic Club	88	14	12
4	71	Yuet-Ming Chan		36	High Desert Athletic Club	123	4	22
5	81	Angelica Cappuccilli		29	High Desert Athletic Club	-	-	-
6								
7								
8								
9								
10								
TOTAL							73	

Valkyrie Barbell Club

#	Cat	Athlete	State	Age	Club	Total	Place	Points
1	59	Kelly Kramer	NM	41	Valkyrie Barbell Club	132	3	23
2	76	Tiffany Pezzulo	NM	48	Valkyrie Barbell Club	113	7	19
3	87+	Abigayle Cutting-Smith	NM	33	Valkyrie Barbell Club	130	3	23
4								
5								
6								
7								
8								
9								
10								
TOTAL							65	



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WOMENS CLUB CHAMPIONSHIP

Fifty-One Fifty Weightlifting Club

#	Cat	Athlete	State	Age	Club	Total	Place	Points	
1	49	Samantha Yanez	AZ	34	Fifty-One Fifty Weightlifting Club	84	7	19	
2	76	Dolores Triviz	AZ	66	Fifty-One Fifty Weightlifting Club	93	9	17	
3	87	Sofia Boonzaayer	AZ	17	Fifty-One Fifty Weightlifting Club	153	2	25	
4									
5									
6									
7									
8									
9									
10									
TOTAL							61		

Las Cruces Weightlifting

#	Cat	Athlete	State	Age	Club	Total	Place	Points	
1	49	Makayla Lopez	NM	21	Las Cruces Weightlifting	112	3	23	
2	64	Breanna Caywood	NM	38	Las Cruces Weightlifting	146	5	21	
3	64	Marina Kearney-Dawson	NM	28	Las Cruces Weightlifting	73	15	11	
4									
5									
6									
7									
8									
9									
10									
TOTAL							55		