

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

James Ellis

HAS ESTABLISHED A NEW RECORD AT THE

MASTERS NATIONAL CHAMPIONSHIP
April 24, 2022 - Salt Lake City, UT

IN THE FOLLOWING CATEGORY & DIVISION

81KG MASTERS MEN 35-39



<u>SNATCH</u>	<u>CLEAN & JERK</u>	<u>TOTAL</u>
120kg	146kg	276kg
125kg	151kg	281kg
130kg		


Eric Bramwell - Mountain South President