

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Darnell Cabana

HAS ESTABLISHED A NEW RECORD AT THE

MASTERS NATIONAL CHAMPIONSHIP
April 23, 2022 - Salt Lake City, UT

IN THE FOLLOWING CATEGORY & DIVISION

102KG MASTERS MEN 45-49



SNATCH

89kg

CLEAN & JERK

114kg

118kg

120kg

TOTAL

203kg

207kg

209kg


Eric Bramwell - Mountain South President