

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Jean-Jacques Cabou

HAS ESTABLISHED A NEW RECORD AT THE

NORTH AMERICAN OPEN SERIES 1
March 3, 2022 - Columbus, OH

IN THE FOLLOWING CATEGORY & DIVISION

73KG MASTERS MEN 45-49



SNATCH

85kg

88kg

CLEAN & JERK

104kg

107kg

110kg

TOTAL

192kg

195kg

198kg


Eric Bramwell - Mountain South President