

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

James Lee

HAS ESTABLISHED A NEW RECORD AT THE

MASTERS NATIONAL CHAMPIONSHIP
April 22, 2022 - Salt Lake City, UT

IN THE FOLLOWING CATEGORY & DIVISION

89KG MASTERS MEN 45-49

SNATCH

78kg

82kg

CLEAN & JERK

105kg

110kg

TOTAL

190kg

195kg




Eric Bramwell - Mountain South President