

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Thomas Greding

HAS ESTABLISHED A NEW RECORD AT THE

IWF MASTERS WORLD CHAMPIONSHIP
December 5, 2022 - Orlando, FL

IN THE FOLLOWING CATEGORY & DIVISION

102KG MASTERS MEN 50-54

SNATCH

CLEAN & JERK

TOTAL

117kg

213kg




Eric Bramwell - Mountain South President