

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Jim Healis

HAS ESTABLISHED A NEW RECORD AT THE
MOUNTAIN SOUTH WSO CHAMPIONSHIP
October 8, 2022 - St. George, UT

IN THE FOLLOWING CATEGORY & DIVISION

96KG MASTERS MEN 50-54

SNATCH

60kg

63kg

CLEAN & JERK

75kg

77kg

80kg

TOTAL

138kg

140kg

143kg




Eric Bramwell - Mountain South President