

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Jessie Shedlock

HAS ESTABLISHED A NEW RECORD AT THE

MOUNTAIN SOUTH WSO CHAMPIONSHIP
October 8, 2022 - Scottsdale, AZ

IN THE FOLLOWING CATEGORY & DIVISION

64KG MASTERS WOMEN 35-39

SNATCH

67kg

CLEAN & JERK

78kg
80kg

TOTAL

142kg
145kg
147kg




Eric Bramwell - Mountain South President