

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Cara Farrell

HAS ESTABLISHED A NEW RECORD AT THE

MASTERS NATIONAL CHAMPIONSHIP
April 23, 2022 - Salt Lake City, UT

IN THE FOLLOWING CATEGORY & DIVISION

55KG MASTERS WOMEN 40-44

SNATCH

53kg

CLEAN & JERK

70kg

73kg

75kg

TOTAL

123kg

126kg

128kg




Eric Bramwell - Mountain South President