

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Micaela Hester

HAS ESTABLISHED A NEW RECORD AT THE

MASTERS NATIONAL CHAMPIONSHIP
April 23, 2022 - Salt Lake City, UT

IN THE FOLLOWING CATEGORY & DIVISION

55KG MASTERS WOMEN 40-44

SNATCH

47kg

49kg

CLEAN & JERK

53kg

56kg

58kg

TOTAL

102kg

105kg

107kg




Eric Bramwell - Mountain South President