## MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

## **Erica Chard**

HAS ESTABLISHED A NEW RECORD AT THE



## MOUNTAIN SOUTH WSO CHAMPIONSHIP October 8, 2022 - Scottsdale, AZ

IN THE FOLLOWING CATEGORY & DIVISION

## **59KG MASTERS WOMEN 40-44**

| <b>SNATCH</b> | <b>CLEAN &amp; JERK</b> | <b>TOTAL</b> |
|---------------|-------------------------|--------------|
| 47kg          | 60kg                    | 111kg        |
| 49kg          | 64kg                    | 115kg        |
| 51kg          | 67kg                    | 118kg        |



Eric Bramwell - Mountain South President