

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Amanda Cook

HAS ESTABLISHED A NEW RECORD AT THE

MASTERS NATIONAL CHAMPIONSHIP
April 23, 2022 - Salt Lake City, UT

IN THE FOLLOWING CATEGORY & DIVISION

81KG MASTERS WOMEN 40-44

SNATCH

84kg

87kg

90kg

CLEAN & JERK

103kg

TOTAL

193kg




Eric Bramwell - Mountain South President