

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Amanda Cook

HAS ESTABLISHED A NEW RECORD AT THE

NATIONAL CHAMPIONSHIP
July 3, 2022 - Las Vegas, NV

IN THE FOLLOWING CATEGORY & DIVISION

81KG MASTERS WOMEN 40-44

SNATCH

CLEAN & JERK

TOTAL

105kg




Eric Bramwell - Mountain South President