

# MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

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## Courtney Howard

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HAS ESTABLISHED A NEW RECORD AT THE

**MASTERS NATIONAL CHAMPIONSHIP**  
**April 23, 2022 - Salt Lake City, UT**

IN THE FOLLOWING CATEGORY & DIVISION

**+87KG MASTERS WOMEN 40-44**

SNATCH

**56kg**

**58kg**

**60kg**

CLEAN & JERK

**70kg**

**75kg**

TOTAL

**130kg**

**135kg**



  
Eric Bramwell - Mountain South President