

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Freda Locklear

HAS ESTABLISHED A NEW RECORD AT THE
MOUNTAIN SOUTH WSO CHAMPIONSHIP
October 9, 2022 - Scottsdale, AZ

IN THE FOLLOWING CATEGORY & DIVISION

+87KG MASTERS WOMEN 55-59

SNATCH

34kg
36kg

CLEAN & JERK

47kg

TOTAL

83kg




Eric Bramwell - Mountain South President