

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Lisa Riggs

HAS ESTABLISHED A NEW RECORD AT THE

MASTERS NATIONAL CHAMPIONSHIP
April 21, 2022 - Salt Lake City, UT

IN THE FOLLOWING CATEGORY & DIVISION

55KG MASTERS WOMEN 60-64

SNATCH

38kg

CLEAN & JERK

45kg
48kg
50kg

TOTAL

83kg
86kg
88kg




Eric Bramwell - Mountain South President