

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Lenore Grijalva

HAS ESTABLISHED A NEW RECORD AT THE

MASTERS NATIONAL CHAMPIONSHIP
April 21, 2022 - Salt Lake City, UT

IN THE FOLLOWING CATEGORY & DIVISION

81KG MASTERS WOMEN 60-64

SNATCH

34kg

36kg

38kg

CLEAN & JERK

43kg

46kg

TOTAL

81kg

84kg

88kg




Eric Bramwell - Mountain South President