

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Lenore Grijalva

HAS ESTABLISHED A NEW RECORD AT THE
MOUNTAIN SOUTH WSO CHAMPIONSHIP
October 9, 2022 - Scottsdale, AZ

IN THE FOLLOWING CATEGORY & DIVISION

81KG MASTERS WOMEN 60-64

SNATCH

CLEAN & JERK

TOTAL

90kg




Eric Bramwell - Mountain South President