

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Kim Alderwick

HAS ESTABLISHED A NEW RECORD AT THE
IWF MASTERS WORLD CHAMPIONSHIP
December 1, 2022 - Orlando, FL

IN THE FOLLOWING CATEGORY & DIVISION

55KG MASTERS WOMEN 65-69

SNATCH

34kg

CLEAN & JERK

TOTAL

71kg




Eric Bramwell - Mountain South President