

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Carol Adams

HAS ESTABLISHED A NEW RECORD AT THE

MASTERS NATIONAL CHAMPIONSHIP
April 21, 2022 - Salt Lake City, UT

IN THE FOLLOWING CATEGORY & DIVISION

59KG MASTERS WOMEN 75+

SNATCH

24kg
25kg

CLEAN & JERK

34kg
35kg

TOTAL

59kg
60kg




Eric Bramwell - Mountain South President