

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Alexander Ouellet

HAS ESTABLISHED A NEW RECORD AT THE
MOUNTAIN SOUTH WSO CHAMPIONSHIP
October 9, 2022 - Reno, NV

IN THE FOLLOWING CATEGORY & DIVISION

102KG OPEN MEN

SNATCH

118kg

CLEAN & JERK

140kg

TOTAL

258kg




Eric Bramwell - Mountain South President