MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Michael McHenry

HAS ESTABLISHED A NEW RECORD AT THE



MOUNTAIN SOUTH WSO CHAMPIONSHIP October 30, 2022 - Albuquerque, NM

IN THE FOLLOWING CATEGORY & DIVISION

102KG OPEN MEN

SNATCH

CLEAN & JERK

TOTAL

120kg

145kg

260kg 265kg



Fric Bramwell - Mountain South President