

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Xavier Borde

HAS ESTABLISHED A NEW RECORD AT THE
MOUNTAIN SOUTH WSO CHAMPIONSHIP
October 9, 2022 - Scottsdale, AZ

IN THE FOLLOWING CATEGORY & DIVISION

+109KG OPEN MEN



<u>SNATCH</u>	<u>CLEAN & JERK</u>	<u>TOTAL</u>
130kg	163kg	303kg
135kg	170kg	310kg
140kg		


Eric Bramwell - Mountain South President