

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Lourence Cabentog

HAS ESTABLISHED A NEW RECORD AT THE

NORTH AMERICAN OPEN FINALS
December 1, 2022 - Atlanta, GA

IN THE FOLLOWING CATEGORY & DIVISION

61KG OPEN MEN

SNATCH

101kg

CLEAN & JERK

128kg

TOTAL

229kg




Eric Bramwell - Mountain South President