

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Ruskin Griffith

HAS ESTABLISHED A NEW RECORD AT THE

NATIONAL CHAMPIONSHIP
July 1, 2022 - Las Vegas, NV

IN THE FOLLOWING CATEGORY & DIVISION

67KG OPEN MEN

SNATCH

103kg

CLEAN & JERK

125kg

TOTAL

228kg




Eric Bramwell - Mountain South President