## MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

## **Matthew Palmer**

HAS ESTABLISHED A NEW RECORD AT THE



NORTH AMERICAN OPEN SERIES 1 March 5, 2022 - Columbus, OH

IN THE FOLLOWING CATEGORY & DIVISION

## 81KG OPEN MEN

<b>SNATCH</b>	<b>CLEAN &amp; JERK</b>	<b>TOTAL</b>
92kg	125kg	228kc
98kg		233kc
103kg		238kg



Eric Bramwell - Mountain South President