

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Spencer Dent

HAS ESTABLISHED A NEW RECORD AT THE
MOUNTAIN SOUTH WSO CHAMPIONSHIP
October 8, 2022 - St. George, UT

IN THE FOLLOWING CATEGORY & DIVISION

96KG OPEN MEN

SNATCH

CLEAN & JERK

TOTAL

115kg
120kg




Eric Bramwell - Mountain South President