

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Matthew Parento

HAS ESTABLISHED A NEW RECORD AT THE
MOUNTAIN SOUTH WSO CHAMPIONSHIP
October 8, 2022 - Reno, NV

IN THE FOLLOWING CATEGORY & DIVISION

44KG YOUTH MEN U11

SNATCH

20kg
22kg

CLEAN & JERK

28kg

TOTAL

50kg




Eric Bramwell - Mountain South President