



MOUNTAIN SOUTH WSO RECORDS

TOP PERFORMANCES



From 1/1/2022 through 3/3/2024

Ranked by Sinclair from State/WSO Championship, National & International Competitions

Rank	Sinclair	Cat	First Name	Last Name	State	Age	Team/Club	BW	Snatch	CJ	Total	Date
JUNIOR MEN U20 - TOP 25 ALL-TIME PERFORMANCES												
1	336.694	96kg	Spencer	Dent	UT	20	Zion Barbell	95.62	136	152	288	3/2/24
2	331.785	81kg	Jonathan Dela	Cruz	NV	20	Las Vegas Barbell	80.20	117	143	260	6/29/22
3	331.778	81kg	Calvin	Barcena	AZ	20	Alee Athletics	79.10	112	146	258	6/29/22
4	322.126	96kg	Zachary	White	AZ	20	Performance One Weightlifting	95.20	130	145	275	10/29/23
5	319.551	73kg	Kolbi	Montoya	NM	19	Strength Academy Weightlifting	71.00	103	130	233	10/5/23
6	304.008	67kg	Lincoln	Dana	UT	17	Zion Barbell	65.38	95	115	210	2/29/24
7	303.284	81kg	Joseph	Miser	AZ	18	Unattached	78.60	110	125	235	11/18/23
8	301.257	89kg	James	Wollum	AZ	19	Fifty-One Fifty Weightlifting Club	86.00	104	141	245	10/8/22
9	300.725	73kg	Jacob	Gravo	NV	19	Las Vegas Barbell	70.86	97	122	219	6/28/22
10	284.369	+102kg	Aleki	Manutai	NV	16	Average Broz Gymnasium	108.55	115	141	256	6/27/22
11	278.732	81kg	Charlie	Tetrault	NM	19	Miller Weightlifting	74.30	94	115	209	6/29/22
12	277.431	61kg	William	Drake	NM	15	Martin Brock	57.21	80	94	174	10/5/23
13	271.961	67kg	Cailen	Barclay	NV	17	Calavera Barbell	65.45	85	103	188	6/26/23
14	271.117	81kg	Brenton	Weston	NV	17	Battle Born Barbell	78.55	92	118	210	6/26/23
15	267.744	96kg	Cody	Walker	AZ	20	Unattached	90.25	96	127	223	10/9/22
16	267.681	67kg	DeMarcus	Sanchez	AZ	17	Perception Weightlifting	67.01	76	112	188	6/26/23
17	265.731	89kg	Joshua	Mullen	UT	18	Unattached	87.50	96	122	218	11/18/23
18	265.149	89kg	Colyn	Baldwin	AZ	17	Power & Grace Performance	87.08	90	127	217	6/27/23
19	262.867	61kg	James	Devall Jr	AZ	20	Fifty-One Fifty Weightlifting Club	58.65	73	95	168	6/27/23
20	259.390	89kg	Timothy	Terrones	AZ	15	Performance One Weightlifting	81.45	90	115	205	12/3/22
21	258.766	67kg	Antonino	Micela	AZ	15	Performance One Weightlifting	64.45	73	104	177	6/25/23
22	254.204	+89kg	Johnny	Barrios	AZ	15	WestFit Weightlifting	117.40	102	133	235	10/15/22
23	250.801	61kg	Gabriel	Kwan	AZ	18	Olympia Weightlifting Center	61.00	75	90	165	10/15/22
24	249.198	73kg	Justin	Nantz	AZ	17	Power & Grace Performance	69.35	79	100	179	12/22/23
25	247.969	73kg	Tyler	King	AZ	17	Cienega Iron Cats	70.50	70	110	180	6/26/23

YOUTH MEN U17 - TOP 25 ALL-TIME PERFORMANCES												
1	304.008	67kg	Lincoln	Dana	UT	17	Zion Barbell	65.38	95	115	210	2/29/24
2	284.369	+102kg	Aleki	Manutai	NV	16	Average Broz Gymnasium	108.55	115	141	256	6/27/22
3	277.431	61kg	William	Drake	NM	15	Martin Brock	57.21	80	94	174	10/5/23
4	271.961	67kg	Cailen	Barclay	NV	17	Calavera Barbell	65.45	85	103	188	6/26/23
5	271.117	81kg	Brenton	Weston	NV	17	Battle Born Barbell	78.55	92	118	210	6/26/23
6	267.681	67kg	DeMarcus	Sanchez	AZ	17	Perception Weightlifting	67.01	76	112	188	6/26/23
7	265.149	89kg	Colyn	Baldwin	AZ	17	Power & Grace Performance	87.08	90	127	217	6/27/23
8	260.535	73kg	Joseph	Miser	UT	17	Unattached	72.22	87	105	192	6/27/22
9	259.390	89kg	Timothy	Terrones	AZ	15	Performance One Weightlifting	81.45	90	115	205	12/3/22
10	258.766	67kg	Antonino	Micela	AZ	15	Performance One Weightlifting	64.45	73	104	177	6/25/23
11	254.204	+89kg	Johnny	Barrios	AZ	15	WestFit Weightlifting	117.40	102	133	235	10/15/22
12	249.198	73kg	Justin	Nantz	AZ	17	Power & Grace Performance	69.35	79	100	179	12/22/23
13	247.969	73kg	Tyler	King	AZ	17	Cienega Iron Cats	70.50	70	110	180	6/26/23
14	244.953	81kg	Nathan	Culler	AZ	17	Power & Grace Performance	73.85	78	105	183	12/22/23
15	241.539	67kg	Flynn	King	NM	15	High Desert Athletic Club	62.12	71	90	161	10/5/23
16	238.958	61kg	Maddux	Hernandez	NV	15	Calavera Barbell	59.31	68	86	154	12/7/23
17	231.561	89kg	Fred	Malouf	UT	16	Team Unaffiliated	87.53	85	105	190	5/13/22
18	228.597	73kg	Reid	Jones	NV	16	Calavera Barbell	71.90	80	88	168	6/26/23
19	227.161	73kg	Jonathan	Zinger	AZ	15	Unattached	67.30	74	86	160	12/22/23
20	220.417	73kg	Emiliano	Maldonado	AZ	17	Cienega Iron Cats	70.50	70	90	160	6/26/23
21	216.632	73kg	Miguel	Hernandez	AZ	17	Unattached	71.75	64	95	159	6/26/23
22	214.790	73kg	William	Love	NM	16	4K Weightlifting	70.56	68	88	156	10/5/23
23	202.113	81kg	Christian	Ramirez	AZ	16	Unattached	79.85	61	97	158	12/22/23
24	201.481	67kg	Keegan	McHale	AZ	13	Kilo Barbell Club	65.95	54	86	140	12/7/23
25	196.130	61kg	Gabriel	Dana	UT	15	Zion Barbell	56.60	56	66	122	6/25/23



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Rank	Sinclair	Cat	First Name	Last Name	State	Age	Team/Club	BW	Snatch	CJ	Total	Date
YOUTH MEN U15 - TOP 25 ALL-TIME PERFORMANCES												
1	277.431	61kg	William	Drake	NM	15	Martin Brock	57.21	80	94	174	10/5/23
2	269.662	61kg	Lincoln	Dana	UT	15	Zion Barbell	59.87	75	100	175	5/14/22
3	259.390	89kg	Timothy	Terrones	AZ	15	Performance One Weightlifting	81.45	90	115	205	12/3/22
4	258.766	67kg	Antonino	Micela	AZ	15	Performance One Weightlifting	64.45	73	104	177	6/25/23
5	254.204	+89kg	Johnny	Barrios	AZ	15	WestFit Weightlifting	117.40	102	133	235	10/15/22
6	241.539	67kg	Flynn	King	NM	15	High Desert Athletic Club	62.12	71	90	161	10/5/23
7	238.958	61kg	Maddux	Hernandez	NV	15	Calavera Barbell	59.31	68	86	154	12/7/23
8	227.161	73kg	Jonathan	Zinger	AZ	15	Unattached	67.30	74	86	160	12/22/23
9	201.481	67kg	Keegan	McHale	AZ	13	Kilo Barbell Club	65.95	54	86	140	12/7/23
10	200.074	61kg	Finn	Malouf	UT	13	Team Unaffiliated II	59.97	55	75	130	6/25/22
11	196.130	61kg	Gabriel	Dana	UT	15	Zion Barbell	56.60	56	66	122	6/25/23
12	194.791	61kg	Dylan	Hostallero	AZ	14	Unattached	58.97	55	70	125	6/26/22
13	193.041	61kg	Parker	Belnap	UT	14	Zion Barbell	61.00	62	65	127	10/8/22
14	190.181	89kg	Camden	Staffieri	AZ	14	Power & Grace Performance	82.15	68	83	151	6/26/22
15	186.969	89kg	Dylan	McCullough	AZ	15	Performance One Weightlifting	85.94	67	85	152	10/29/23
16	182.981	67kg	Reid	Jones	NV	15	Calavera Barbell	66.61	58	70	128	6/26/22
17	177.574	73kg	Merari	Perez	AZ	15	P1 Barbell	67.24	55	70	125	10/8/22
18	170.743	36kg	Maui	Mason	AZ	13	Power & Grace Performance	34.45	29	38	67	12/7/23
19	166.726	44kg	Jordan	Hernandez	UT	12	Calavera Barbell	41.40	34	45	79	12/7/23
20	164.419	32kg	Ethan	Dana	UT	12	Zion Barbell	30.37	26	30	56	3/2/23
21	155.735	73kg	Maddox	Rios Bruner	NM	15	Strength Academy Weightlifting	69.48	50	62	112	10/30/22
22	149.636	49kg	Benson	Baker	AZ	12	Power & Grace Performance	48.50	36	46	82	6/25/22
23	145.839	81kg	Carlos	Wendler	NM	15	Las Cruces Weightlifting	79.84	53	61	114	10/30/22
24	142.623	55kg	Caleb	Hanchett	AZ	13	Power & Grace Performance	54.40	38	48	86	10/15/22
25	130.530	55kg	Brode	Colwell	AZ	14	Power & Grace Performance	52.10	32	44	76	10/15/22

YOUTH MEN U13 - TOP 25 ALL-TIME PERFORMANCES												
1	201.481	67kg	Keegan	McHale	AZ	13	Kilo Barbell Club	65.95	54	86	140	12/7/23
2	200.074	61kg	Finn	Malouf	UT	13	Team Unaffiliated	59.97	55	75	130	6/25/22
3	170.743	36kg	Maui	Mason	AZ	13	Power & Grace Performance	34.45	29	38	67	12/7/23
4	166.726	44kg	Jordan	Hernandez	NV	12	Calavera Barbell	41.40	34	45	79	12/7/23
5	164.419	32kg	Ethan	Dana	UT	12	Zion Barbell	30.37	26	30	56	3/2/23
6	149.636	49kg	Benson	Baker	AZ	12	Power & Grace Performance	48.50	36	46	82	6/25/22
7	142.623	55kg	Caleb	Hanchett	AZ	13	Power & Grace Performance	54.40	38	48	86	10/15/22
8	127.668	61kg	Fred	Lee	NV	13	Calavera Barbell	55.31	33	45	78	6/24/23
9	127.033	67kg	Brady	Carroll	AZ	13	Lift and Thrive	63.50	38	48	86	12/22/23
10	123.290	49kg	Matthew	Parento	NV	10	Calavera Barbell	44.85	28	35	63	6/24/23
11	116.751	67kg	Boston	Parry	UT	13	Team Unaffiliated	65.80	35	46	81	6/25/23
12	113.918	67kg	Carson	Pace	UT	13	Zion Barbell	67.00	35	45	80	10/8/22
13	112.809	32kg	Dominic	Sanchez	AZ	9	Perception Weightlifting	31.45	17	23	40	12/22/23
14	104.725	36kg	Dean	Alvarado	NM	10	High Desert Athletic Club	35.94	17	26	43	10/30/22
15	96.7869	49kg	Mitchell	Jolly	AZ	12	Power & Grace Performance	44.40	22	27	49	6/24/23
16	92.9622	55kg	Dexter	Klingler	AZ	12	Power & Grace Performance	53.13	25	30	55	6/25/22

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