



# MOUNTAIN SOUTH WSO RECORDS

## TOP PERFORMANCES



From 1/1/2022 through 3/3/2024

Ranked by Sinclair from State/WSO Championship, National & International Competitions

Rank	Sinclair	Cat	First Name	Last Name	State	Age	Team/Club	BW	Snatch	CJ	Total	Date
<b>JUNIOR WOMEN U20 - TOP 25 ALL-TIME PERFORMANCES</b>												
1	272.844	55kg	Leila	Cook	AZ	20	Unattached	54.54	81	108	189	6/28/22
2	248.661	71kg	Addie	Anderson	UT	20	Zion Barbell	69.85	90	111	201	9/16/23
3	231.942	55kg	Jordan	Nantz	AZ	17	Power & Grace Performance	54.70	72	89	161	12/22/23
4	223.945	81kg	Kaylee	Landa	AZ	17	Power & Grace Performance	79.50	87	106	193	12/3/22
5	219.279	59kg	Grace	Le	UT	20	Praxis Weightlifting	58.30	69	90	159	6/28/23
6	214.703	+87kg	Malia	Levy	UT	18	Praxis Weightlifting	119.20	90	120	210	11/18/23
7	210.476	76kg	Celina	Ortega	AZ	20	Sanctuary Barbell	75.45	75	102	177	10/8/22
8	203.339	55kg	Caitlyn	Ogami	AZ	19	Alee Athletics	54.62	63	78	141	6/27/23
9	203.182	49kg	Amelia	Phillips	AZ	15	Power & Grace Performance	48.07	55	73	128	2/29/24
10	197.724	55kg	Brooklyn	Moore	AZ	18	Power & Grace Performance	53.45	60	75	135	6/28/22
11	197.641	49kg	Mahealani	Ikei	AZ	17	Power & Grace Performance	48.80	57	69	126	6/27/22
12	196.691	55kg	Mahealani	Mason	AZ	15	Power & Grace Performance	54.40	62	74	136	2/29/24
13	196.342	64kg	Kale'a	Mason	AZ	19	Power & Grace Performance	61.93	67	81	148	6/29/22
14	191.913	59kg	Carli	McBride	AZ	18	Power & Grace Performance	56.35	60	76	136	6/28/22
15	191.373	71kg	Zavia	Burton	NM	17	Miller Weightlifting	70.96	70	86	156	10/5/23
16	187.907	76kg	Chloe	Pickett	UT	19	Praxis Weightlifting	75.43	71	87	158	3/2/24
17	179.110	59kg	Marlie	Manning	UT	17	Zion Barbell	57.05	55	73	128	6/26/23
18	179.110	59kg	Paige	Hanchett	AZ	16	Power & Grace Performance	57.05	57	71	128	12/22/23
19	177.302	64kg	Gemma	Eros	NV	17	Las Vegas Barbell	61.45	59	74	133	9/15/23
20	175.645	59kg	Kawena	Mason	AZ	17	Power & Grace Performance	56.04	57	67	124	12/7/23
21	175.096	71kg	Izabella	Holly	AZ	17	Cienega Iron Cats	64.27	56	79	135	6/26/23
22	175.054	+81kg	Boonzaayer	Boonzaayer	AZ	17	Fifty-One Fifty Weightlifting Club	82.08	70	83	153	10/28/23
23	174.212	64kg	Olivia	Barclay	NV	17	Calavera Barbell	62.45	57	75	132	6/27/22
24	173.710	55kg	Tessa	Sherwood	AZ	18	Power & Grace Performance	54.33	52	68	120	6/28/22
25	172.193	59kg	Maia	Burrows	NV	16	Las Vegas Barbell	58.40	55	70	125	9/14/23

Rank	Sinclair	Cat	First Name	Last Name	State	Age	Team/Club	BW	Snatch	CJ	Total	Date
<b>YOUTH WOMEN U17 - TOP 25 ALL-TIME PERFORMANCES</b>												
1	231.942	55kg	Jordan	Nantz	AZ	17	Power & Grace Performance	54.70	72	89	161	12/22/23
2	223.945	81kg	Kaylee	Landa	AZ	17	Power & Grace Performance	79.50	87	106	193	12/3/22
3	203.182	49kg	Amelia	Phillips	AZ	15	Power & Grace Performance	48.07	55	73	128	2/29/24
4	197.641	49kg	Mahealani	Ikei	AZ	17	Power & Grace Performance	48.80	57	69	126	6/27/22
5	196.691	55kg	Mahealani	Mason	AZ	15	Power & Grace Performance	54.40	62	74	136	2/29/24
6	195.554	+81kg	Malia	Levy	UT	17	Praxis Weightlifting	118.25	82	109	191	3/6/22
7	191.373	71kg	Zavia	Burton	NM	17	Miller Weightlifting	70.96	70	86	156	10/5/23
8	179.110	59kg	Marlie	Manning	UT	17	Zion Barbell	57.05	55	73	128	6/26/23
9	179.110	59kg	Paige	Hanchett	AZ	16	Power & Grace Performance	57.05	57	71	128	12/22/23
10	177.302	64kg	Gemma	Eros	NV	17	Las Vegas Barbell	61.45	59	74	133	9/15/23
11	175.645	59kg	Kawena	Mason	AZ	17	Power & Grace Performance	56.04	57	67	124	12/7/23
12	175.096	71kg	Izabella	Holly	AZ	17	Cienega Iron Cats	64.27	56	79	135	6/26/23
13	175.054	+81kg	Boonzaayer	Boonzaayer	AZ	17	Fifty-One Fifty Weightlifting Club	82.08	70	83	153	10/28/23
14	174.212	64kg	Olivia	Barclay	NV	17	Calavera Barbell	62.45	57	75	132	6/27/22
15	172.193	59kg	Maia	Burrows	NV	16	Las Vegas Barbell	58.40	55	70	125	9/14/23
16	169.866	45kg	Gabriella	Pfund	AZ	16	Performance One Weightlifting	44.27	46	54	100	6/26/22
17	168.772	59kg	Brynli	McBride	AZ	16	Power & Grace Performance	58.75	55	68	123	6/26/23
18	165.607	59kg	Trinity	Perez	NM	17	High Desert Athletic Club	58.24	52	68	120	10/30/22
19	157.232	55kg	Brylee	Colwell	AZ	15	Power & Grace Performance	54.60	50	59	109	6/25/23
20	156.377	49kg	Amy	Flores	AZ	17	Power & Grace Performance	47.15	41	56	97	12/22/23
21	155.741	49kg	Callie	Cronick	NV	17	Calavera Barbell	48.00	44	54	98	6/26/23
22	154.863	59kg	Mayzi	Abbott	UT	16	Team Unaffiliated	57.30	45	66	111	11/18/23
23	154.620	+64kg	Kodi	McBride	AZ	13	Power & Grace Performance	80.50	62	72	134	12/22/23
24	153.968	49kg	Maya	Litt	AZ	14	Power & Grace Performance	48.70	44	54	98	12/22/23
25	151.013	59kg	Rowan	Scyphers	NV	15	Calavera Barbell	57.90	49	60	109	6/25/23



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Rank	Sinclair	Cat	First Name	Last Name	State	Age	Team/Club	BW	Snatch	CJ	Total	Date
<b>YOUTH WOMEN U15 - TOP 25 ALL-TIME PERFORMANCES</b>												
1	203.182	49kg	Amelia	Phillips	AZ	15	Power & Grace Performance	48.07	55	73	128	2/29/24
2	196.691	55kg	Mahealani	Mason	AZ	15	Power & Grace Performance	54.40	62	74	136	2/29/24
3	168.013	55kg	Brynli	McBride	AZ	15	Power & Grace Performance	54.95	50	67	117	12/1/22
4	163.596	55kg	Paige	Hanchett	AZ	15	Power & Grace Performance	53.65	52	60	112	12/1/22
5	157.232	55kg	Brylee	Colwell	AZ	15	Power & Grace Performance	54.60	50	59	109	6/25/23
6	154.620	+64kg	Kodi	McBride	AZ	13	Power & Grace Performance	80.50	62	72	134	12/22/23
7	153.968	49kg	Maya	Litt	AZ	14	Power & Grace Performance	48.70	44	54	98	12/22/23
8	151.013	59kg	Rowan	Scyphers	NV	15	Calavera Barbell	57.90	49	60	109	6/25/23
9	146.729	36kg	Tierany	Lally	AZ	15	Power & Grace Performance	32.85	30	35	65	12/7/23
10	145.104	59kg	Maia	Burrows	NV	15	Las Vegas Barbell	58.12	47	58	105	6/26/22
11	143.836	33kg	Lilly	Mullenau	AZ	12	Power & Grace Performance	32.50	27	36	63	12/22/23
12	141.497	55kg	Payton	Wasson	NM	15	High Desert Athletic Club	53.75	43	54	97	6/25/23
13	140.803	55kg	Penelope	Myers	NV	15	Calavera Barbell	54.12	43	54	97	6/26/22
14	140.705	30kg	Juliette	Phillips	AZ	11	Power & Grace Performance	29.30	21	34	55	6/24/23
15	140.334	64kg	Adriana	Kist	NM	15	High Desert Athletic Club	61.20	45	60	105	10/30/22
16	135.548	+76kg	McKenzie	Sheldon	AZ	14	Alee Athletics	76.85	52	63	115	6/25/23
17	134.678	55kg	Delaney	Brown	AZ	13	Power & Grace Performance	54.30	41	52	93	6/24/23
18	134.631	45kg	Lucy	Mullenau	AZ	15	Power & Grace Performance	44.76	34	46	80	6/25/23
19	131.344	55kg	Brinley	Phillips	AZ	15	Power & Grace Performance	49.75	40	45	85	6/26/22
20	129.858	55kg	Luna	Gilmore	AZ	12	Power & Grace Performance	52.90	35	53	88	10/28/23
21	129.785	+76kg	Emma	Trampp	AZ	14	Power & Grace Performance	106.71	58	66	124	12/3/22
22	126.289	49kg	Brinlee	Huber	AZ	13	Power & Grace Performance	46.90	35	43	78	6/24/23
23	124.970	40kg	Kaiya	Blackhurst	AZ	12	Power & Grace Performance	39.20	25	41	66	6/24/23
24	122.881	59kg	Lilly	Hill	AZ	14	Power & Grace Performance	58.20	41	48	89	6/26/22
25	119.987	49kg	Charlize	Jolly	AZ	15	Power & Grace Performance	48.40	34	42	76	10/15/22

Rank	Sinclair	Cat	First Name	Last Name	State	Age	Team/Club	BW	Snatch	CJ	Total	Date
<b>YOUTH WOMEN U13 - TOP 25 ALL-TIME PERFORMANCES</b>												
1	171.463	49kg	Mahealani	Mason	AZ	13	Power & Grace Performance	48.06	49	59	108	12/1/22
2	154.620	+64kg	Kodi	McBride	AZ	13	Power & Grace Performance	80.50	62	72	134	12/22/23
3	151.522	45kg	Amelia	Phillips	AZ	13	Power & Grace Performance	42.44	38	48	86	6/25/22
4	143.836	33kg	Lilly	Mullenau	AZ	12	Power & Grace Performance	32.50	27	36	63	12/22/23
5	140.705	30kg	Juliette	Phillips	AZ	11	Power & Grace Performance	29.30	21	34	55	6/24/23
6	134.678	55kg	Delaney	Brown	AZ	13	Power & Grace Performance	54.30	41	52	93	6/24/23
7	129.969	30kg	Lilly	Mullenau	AZ	11	Power & Grace Performance	29.40	23	28	51	10/15/22
8	129.858	55kg	Luna	Gilmore	AZ	12	Power & Grace Performance	52.90	35	53	88	10/28/23
9	126.289	49kg	Brinlee	Huber	AZ	13	Power & Grace Performance	46.90	35	43	78	6/24/23
10	124.970	40kg	Kaiya	Blackhurst	AZ	12	Power & Grace Performance	39.20	25	41	66	6/24/23
11	122.023	+64kg	McKenzie	Sheldon	AZ	13	Alee Athletics	77.60	47	57	104	10/15/22
12	117.269	55kg	Gabriella	Kist	NM	13	High Desert Athletic Club	54.32	37	44	81	10/30/22
13	113.050	33kg	Briana	DiCosmo	AZ	13	Power & Grace Performance	32.80	20	30	50	12/22/23
14	110.247	45kg	Maya	Litt	AZ	13	Scottsdale Barbell	42.00	27	35	62	10/15/22
15	109.013	+64kg	Lily	Ontiveros	AZ	11	Power & Grace Performance	66.85	38	48	86	12/22/23
16	108.707	55kg	Reign	Gilmore	AZ	11	Power & Grace Performance	50.35	31	40	71	6/25/22
17	104.506	30kg	Madison	DiCosmo	AZ	10	Power & Grace Performance	26.30	16	20	36	12/22/23
18	93.791	36kg	Harper	Barclay	NV	11	Calavera Barbell	35.50	18	27	45	6/24/23
19	89.554	55kg	Reese	Whiting	AZ	11	Power & Grace Performance	49.80	28	30	58	6/24/23
20	87.334	+64kg	Maya	Colvin	AZ	13	Power & Grace Performance	70.60	31	40	71	6/24/23
21	85.329	55kg	Audrina	Olsen	UT	11	Praxis Weightlifting	54.40	26	33	59	11/18/23
22	82.222	55kg	Michaela	Jolly	AZ	13	Power & Grace Performance	54.60	25	32	57	10/15/22
23	79.357	+64kg	Malayna	Velasquez	NM	13	High Desert Athletic Club	71.61	27	38	65	10/30/22
24	60.560	55kg	Lucy	Worthen	NM	12	High Desert Athletic Club	52.83	17	24	41	10/5/23

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