

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Lincoln Dana

HAS ESTABLISHED A NEW RECORD AT THE

NORTH AMERICAN OPEN SERIES 1
February 29, 2024 - Columbus, OH

IN THE FOLLOWING CATEGORY & DIVISION

67KG JUNIOR MEN

SNATCH

95kg

CLEAN & JERK

TOTAL

210kg



Amanda Cook

Amanda Cook - Mountain South President