

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Spencer Dent

HAS ESTABLISHED A NEW RECORD AT THE

NATIONAL JUNIOR CHAMPIONSHIP
June 29, 2023 - Colorado Springs, CO

IN THE FOLLOWING CATEGORY & DIVISION

96kg JUNIOR MEN

<u>SNATCH</u>	<u>CLEAN & JERK</u>	<u>TOTAL</u>
123kg	145kg	268kg
	150kg	273kg




Eric Bramwell - Mountain South President