

# MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

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## Spencer Dent

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HAS ESTABLISHED A NEW RECORD AT THE

**NORTH AMERICAN OPEN SERIES 1**  
**March 2, 2024 - Columbus, OH**

IN THE FOLLOWING CATEGORY & DIVISION

**96KG JUNIOR MEN**

<u>SNATCH</u>	<u>CLEAN &amp; JERK</u>	<u>TOTAL</u>
<b>136kg</b>	<b>152kg</b>	<b>281kg</b>
		<b>288kg</b>



*Amanda Cook*

Amanda Cook - Mountain South President