## MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

## Rufe Bynum

HAS ESTABLISHED A NEW RECORD AT THE



MOUNTAIN SOUTH WSO CHAMPIONSHIP October 29, 2023 - Albuquerque, NM

IN THE FOLLOWING CATEGORY & DIVISION

**102kg MASTERS MEN 35-39** 

**SNATCH** 

**CLEAN & JERK** 

**TOTAL** 

120kg

145kg

265kg

150kg

270kg



