

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Pablo Castillo

HAS ESTABLISHED A NEW RECORD AT THE

MASTERS NATIONAL CHAMPIONSHIPS
March 19, 2023 - King of Prussia, PA

IN THE FOLLOWING CATEGORY & DIVISION

+109kg MASTERS MEN 35-39

SNATCH

CLEAN & JERK

TOTAL

156kg




Eric Bramwell - Mountain South President