

# MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

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## Chris Simmons

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HAS ESTABLISHED A NEW RECORD AT THE

**NORTH AMERICAN OPEN SERIES 2**  
**September 16, 2023 - Pleasanton, CA**

IN THE FOLLOWING CATEGORY & DIVISION

**89kg MASTERS MEN 35-39**

SNATCH

CLEAN & JERK

TOTAL

**148kg**



  
Eric Bramwell - Mountain South President