

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Thomas Greding

HAS ESTABLISHED A NEW RECORD AT THE

MASTERS NATIONAL CHAMPIONSHIPS
March 16, 2023 - King of Prussia, PA

IN THE FOLLOWING CATEGORY & DIVISION

102kg MASTERS MEN 55-59

SNATCH

90kg

93kg

96kg

CLEAN & JERK

112kg

116kg

TOTAL

208kg

212kg




Eric Bramwell - Mountain South President