

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Alvin Matthews

HAS ESTABLISHED A NEW RECORD AT THE

MASTERS NATIONAL CHAMPIONSHIPS
March 15, 2023 - King of Prussia, PA

IN THE FOLLOWING CATEGORY & DIVISION

102kg MASTERS MEN 70-74

SNATCH

CLEAN & JERK

TOTAL

49kg




Eric Bramwell - Mountain South President