MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Alvin Matthews

HAS ESTABLISHED A NEW RECORD AT THE



NORTH AMERICAN OPEN SERIES 2 September 15, 2023 - Pleasanton, CA

IN THE FOLLOWING CATEGORY & DIVISION

81kg MASTERS MEN 70-74

SNATCH

CLEAN & JERK

TOTAL

51kg

114kg



Fric Bramwell Mountain South President