

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

James Fassett

HAS ESTABLISHED A NEW RECORD AT THE

MASTERS NATIONAL CHAMPIONSHIPS
March 15, 2023 - King of Prussia, PA

IN THE FOLLOWING CATEGORY & DIVISION

89kg MASTERS MEN 80+



SNATCH

20kg

23kg

CLEAN & JERK

27kg

29kg

31kg

TOTAL

50kg

52kg

54kg


Eric Bramwell - Mountain South President