

# MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

**Baka Lo**

HAS ESTABLISHED A NEW RECORD AT THE

**MASTERS NATIONAL CHAMPIONSHIPS**  
March 17, 2023 - King of Prussia, PA

IN THE FOLLOWING CATEGORY & DIVISION

**64KG MASTERS WOMEN 40-44**

SNATCH

CLEAN & JERK

TOTAL

**77kg**



  
Eric Bramwell - Mountain South President