

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Amanda Cook

HAS ESTABLISHED A NEW RECORD AT THE

NORTH AMERICAN OPEN SERIES 2
September 17, 2023 - Pleasanton, CA

IN THE FOLLOWING CATEGORY & DIVISION

81kg MASTERS WOMEN 40-44

SNATCH

CLEAN & JERK

TOTAL

108kg

194kg




Eric Bramwell - Mountain South President