

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Soupha Jones

HAS ESTABLISHED A NEW RECORD AT THE

MASTERS NATIONAL CHAMPIONSHIPS
March 16, 2023 - King of Prussia, PA

IN THE FOLLOWING CATEGORY & DIVISION

59kg MASTERS WOMEN 45-49

SNATCH

CLEAN & JERK

TOTAL

64kg

119kg

67kg

122kg

69kg

124kg




Eric Bramwell - Mountain South President