

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Miryan Quintero

HAS ESTABLISHED A NEW RECORD AT THE

MASTERS NATIONAL CHAMPIONSHIPS
March 17, 2023 - King of Prussia, PA

IN THE FOLLOWING CATEGORY & DIVISION

76kg MASTERS WOMEN 45-49

SNATCH

46kg

50kg

CLEAN & JERK

65kg

70kg

TOTAL

115kg

120kg




Eric Bramwell - Mountain South President