

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Deanna Montalbano

HAS ESTABLISHED A NEW RECORD AT THE

MASTERS NATIONAL CHAMPIONSHIPS
March 16, 2023 - King of Prussia, PA

IN THE FOLLOWING CATEGORY & DIVISION

59kg MASTERS WOMEN 50-54

SNATCH

40kg

43kg

45kg

CLEAN & JERK

58kg

TOTAL

103kg




Eric Bramwell - Mountain South President