

# MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

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## Deanna Montalbano

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HAS ESTABLISHED A NEW RECORD AT THE

**MOUNTAIN SOUTH WSO CHAMPIONSHIP**  
**October 28, 2023 - Albuquerque, NM**

IN THE FOLLOWING CATEGORY & DIVISION

**64kg MASTERS WOMEN 50-54**

| <u>SNATCH</u> | <u>CLEAN &amp; JERK</u> | <u>TOTAL</u> |
|---------------|-------------------------|--------------|
| <b>44kg</b>   | <b>60kg</b>             | <b>110kg</b> |
| <b>47kg</b>   | <b>63kg</b>             | <b>113kg</b> |
| <b>50kg</b>   | <b>66kg</b>             | <b>116kg</b> |



  
Eric Bramwell - Mountain South President