

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Grace Nadell

HAS ESTABLISHED A NEW RECORD AT THE

MOUNTAIN SOUTH WSO CHAMPIONSHIP
October 14, 2023 - Santa Fe, NM

IN THE FOLLOWING CATEGORY & DIVISION

71kg MASTERS WOMEN 60-64

SNATCH

29kg

31kg

32kg

CLEAN & JERK

38kg

40kg

42kg

TOTAL

70kg

72kg

74kg




Eric Bramwell - Mountain South President