

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Lenore Grijalva

HAS ESTABLISHED A NEW RECORD AT THE

MOUNTAIN SOUTH WSO CHAMPIONSHIP
October 28, 2023 - Albuquerque, NM

IN THE FOLLOWING CATEGORY & DIVISION

81kg MASTERS WOMEN 60-64

SNATCH

CLEAN & JERK

TOTAL

40kg




Eric Bramwell - Mountain South President