

# MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

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## Kim Alderwick

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HAS ESTABLISHED A NEW RECORD AT THE

**IWF MASTERS WORLD CHAMPIONSHIPS**  
December 1, 2023 - Orlando, FL

IN THE FOLLOWING CATEGORY & DIVISION

**55kg MASTERS WOMEN 65-69**

SNATCH

**55kg**

CLEAN & JERK

TOTAL

**71kg**



  
Eric Bramwell - Mountain South President